

The University of Texas MD Anderson Cancer Center
Robert C. Hickey Auditorium, Floor 11, R. Lee Clark Clinic
1515 Holcombe Boulevard, Houston, Texas

THE UNIVERSITY OF TEXAS
MDAnderson
Cancer Center
Making Cancer History®

20th ANNUAL
Interdisciplinary Conference on

Supportive Care, Hospice and Palliative Medicine

September 16-17, 2016

COMMEMORATING

Featuring:



Susan Block, MD

Brigham and Women's Hospital
Department of Psychosocial and
Palliative Care
Dana Farber Cancer Institute



Kerry Courneya, PhD

Faculty of Physical Education
and Recreation
University of Alberta



**Sharon Watanabe, MD,
FRCPC**

Director, Department of Symptom
Control and Palliative Care
Cross Cancer Institute Director
Division of Palliative Care Medicine
Department of Oncology, Faculty of
Medicine and Dentistry
University of Alberta

20th ANNUAL

Interdisciplinary Conference on

September 16-17, 2016

Supportive Care, Hospice and Palliative Medicine

Goal Palliative, alternative, complementary, and integrative medicine are all areas of patient care with limited research to support best practice. Many physicians are unaware of the need for whole-patient care and attention to quality of life improvements outside treatment of the primary disease. While cancer therapies are indeed crucial, the evolution of non-traditional health care settings places increasing emphasis on supportive care methods to improve quality of life for patients with advanced disease.

Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 20th year, the Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine continues to offer participants educational updates to help them successfully implement new techniques and treatments in clinical practice to improve patient care and outcomes.

Educational Objectives After attending the conference, participants should be able to

- Provide effective communication with patients in the advanced stages of cancer or debilitating disease and provide quality End-of Life Care (*knowledge, competence, performance, patient outcomes*);
- Identify and interpret the moral and ethical dilemmas encountered in palliative care, incorporating supportive care strategies to improve patient care (*knowledge, competence, performance, patient outcomes*);
- Practice state-of-the-art pain and symptom management for patients with advanced disease (*knowledge, competence, performance, patient outcomes*);
- Apply palliative care principals to life threatening disease in populations not limited to cancer patients (*knowledge, competence, performance*).

Target Audience This program should be of interest to palliative care or hospice physicians, oncologists, internal medicine physicians, family practice physicians, psychiatrists, and/or anesthesiologists. Other professionals include: hospice, nursing, psychology, chaplaincy, ethics, and/or sociology.

Educational Methods Lectures • Workshop Sessions • Case Studies

Evaluation A course evaluation form will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

Accreditation/Credit Designation The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 15.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics

The sessions marked with “*” have been designated by the University of Texas MD Anderson Cancer Center for 7.25 AMA PRA Category 1 Credits™ in medical ethics and/or professional responsibility.

Nursing

The University of Texas MD Anderson Cancer Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Nursing Continuing Education Contact Hours will be awarded.

CME

Certificates and Attendance Verification Certificates

Certificates awarding AMA PRA Category 1 Credits™ or certificates documenting attendance will be distributed to participants when an individual departs the conference. To obtain a CME certificate, physicians must submit a completed evaluation questionnaire and a CME Verification Form. Upon receipt, a record of attendance (certificate) will be provided on-site to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Sunshine Act

MD Anderson complies with the Physician Payments Sunshine Act as part of the Affordable Care Act (ACA). Accordingly, we may be required to collect information on transfer of value provided to any covered recipient under the ACA.

Friday, September 16, 2016

7:15 am	Onsite Registration / Continental Breakfast
8:00	Welcome <i>Sriram Yennu, MD</i>
8:15	Integration of Palliative Care to Oncology Care: “Where are We Now – Advances and Challenges”* <i>Eduardo Bruera, MD</i>
9:15	13th Annual John Mendelsohn Award 2016 Ceremony and Introduction of Speaker <i>Eduardo Bruera, MD</i>
	13th Annual John Mendelsohn Award for Outstanding Contributions in the Development of the Field of Palliative Care Serious Illness Conversations as a Key Intervention in Improving Care for Cancer Patients* <i>Susan Block, MD</i> Moderator: Sriram Yennu, MD
10:30	Break
10:45	Rapid Fire Sessions: (15 minute intro/ conclusion; 12 minutes per speaker) 1. The Conversion Ratio from IV to Oral Hydromorphone in Cancer Patients <i>Akhila Reddy, MD</i> 2. Effects of Music Listening on Pain Outcomes and Vital Signs of Chronically and Terminally Ill Patients <i>Catherine Sims, MD</i> 3. Personalized Symptom Goals and Response in Patients with Advanced Cancer <i>David Hui, MD</i> 4. Spirituality, Religiosity, Symptom Distress and Quality of Life of Latin American Patients with Advanced Cancer - A Multicenter Study <i>Marvin Delgado Guay, MD</i>

	5. Symptom Profiles in Children with Advanced Cancer: Patient, Family Caregiver, and Oncologist Ratings <i>Donna Zhukovsky, MD</i>
12:00 pm	Lunch (<i>provided</i>)
12:45	Advances in the Use of ESAS in Various Settings and Countries <i>Sharon Watanabe, MD, FRCPC</i>
1:45	WORKSHOP
	Serious Illness Conversations <i>Susan Block, MD</i>
3:00	Break
3:30	Strategies to Improve Physical Activity in Advanced Cancer Patients: Focus on Adherence and Safety <i>Kerry Courneya, PhD</i>
4:30	WORKSHOP
	a) Management of Agitated Delirium <i>Maxine de la Cruz, MD</i> b) Cutting Edge Research in Hospice and Palliative Care: Getting the Facts from PC-FACS <i>Donna Zhukovsky, MD</i> c) Ethical Interdisciplinary Spiritual Care: Screening and Interventions* <i>Carla Cheatham, MDiV, PhD</i> d) Interventions to Manage Pulmonary Complications in Palliative Care Patients <i>Dave Balachandran, MD</i> e) New Developments in the Evaluation and Management of Constipation <i>Marieberta Vidal, MD</i>
5:30 pm	Welcome Reception / Poster Session

Saturday, September 17, 2016

7:30 am Onsite Registration / Continental Breakfast

8:00 WORKSHOP

- a) Mind-Body Practices for Cancer Patients*
Rosalinda Engle, MA
- b) 1. Treatment of Malignant Bowel Obstructions
Marieberta Vidal, MD
2. The Role of Subcutaneous Hydration/ Medications
Marieberta Vidal, MD
- c) A Practical Approach to Ethical Analysis at the Bedside*
Donna Zhukovsky, MD; Colleen Gallagher, PhD; and Angelique Wong, MD
- d) Embracing the Spiritual/Religious Journey of Sexual and Gender Minority Patients with Advanced and Terminal Illnesses
Marvin Delgado Guay, MD; and Andrea Ferguson, MDiv

9:00 WORKSHOP

- a) "Updates in Palliative Sedation"*
Paul Walker, MD
- b) Teaching Adult Palliative Care Providers to be Comfortable Delivering Pediatric Palliative Care
Kevin Madden, MD
- c) Management of Symptom Clusters in Advanced Cancer – the Role of Steroids
Sriram Yennu, MD
- d) Enhancing Spiritual Care: What Can Non-Chaplain Providers Bring to the Bedside?
Donna Zhukovsky, MD; Andrea Ferguson, MDiv; and Marvin Delgado Guay, MD

10:00 **Introduction of the Debra Sivesind Career Award and Lecture**
Eduardo Bruera, MD

State of Science of Physical Activity in Cancer Patients
Kerry Courneya, PhD

11:15 Break

11:30 WORKSHOP

- a) Community Palliative Care in Edmonton, Canada*
Sharon Watanabe, MD, FRCPC
- b) Management of Refractory Cancer Pain
Suresh Reddy, MD
- c) Role of Family Conferences in Discharge Planning*
Luke Coulson, LCSW
- d) Medical Futility: Resolving Ethical Disputes
Phylliss Chappell, MD
- e) Advanced Care Planning: The MD Anderson Experience*
Donna Zhukovsky, MD

12:30 pm Lunch (*provided*)

Lynn Randolph Art Display
(*Anderson Conference Hall Foyer*)

1:00 Management of Psychological Distress in Advanced Cancer Patients
Susan Block, MD

2:15 WORKSHOP (break at 3:15 pm)

- 1. Communication: Addressing Existential Suffering*
Daniel Epner, MD
- 2. Pain (30-minute sessions each)
 - a) Advanced Interventions to Manage Intractable Pain
Mitchell Engle, MD

- b) Safer Opioid Prescriptions: A Team Approach
Joseph Arthur, MD; Tonya Edwards, RN; Jessica Marie Waletich, PharmD; and Suresh Reddy, MD
- c) Methadone Initiation and Rotation to Manage Moderate to Severe Cancer Related Pain
Akhila Reddy, MD
- d) Cordotomy for the Management of Cancer Pain
Ashwin Viswanathan, MD

4:30 pm Adjourn

Reminder:

Meeting room temperatures and personal comfort ranges vary widely. Since meeting rooms always seem cold, please bring either a sweater or jacket.

Conference **S P E A K E R S**

MD Anderson Faculty

Sriram Yennu, MD (*Program Chair*)

Joseph Arthur, MD

Dave Balachandran, MD

Eduardo Bruera, MD

Luke Coulson, LCSW

Maxine de la Cruz, MD

Marvin Delgado Guay, MD

Mitchell Engle, MD

Rosalinda Engle, MA

Daniel Epner, MD

Tonya Edwards, RN

Andrea Ferguson, MDiv

Colleen Gallagher, PhD

David Hui, MD

Kevin Madden, MD

Akhila Reddy, MD

Suresh Reddy, MD

Marieberta Vidal, MD

Ashwin Viswanathan, MD

Jessica Marie Waletich, PharmD

Paul Walker, MD

Angelique Wong, MD

Donna Zhukovsky, MD

Guest Faculty

Susan Block, MD

*Brigham and Women's Hospital
Dana Farber Cancer Institute
Boston, Massachusetts*

Phylliss Chappell, MD

*Internal Medicine/Division of Geriatrics
and Palliative Medicine
UT Health Science Center at Houston
Houston, Texas*

Carla Cheatham, MDiv, PhD

*Carla Cheatham Consulting Group
and Buckner Hospice
Austin, Texas*

Kerry Courneya, PhD

*Faculty of Physical Education and Recreation
University of Alberta
Edmonton, Alberta*

Catherine Sims, MD

*Virginia Tech Carilion School of Medicine
Roanoke, Virginia*

Sharon Watanabe, MD, FRCPC

*Faculty of Medicine and Dentistry
University of Alberta
Edmonton, Alberta*

Conference Organizing Committee

Sriram Yennu, MD (*Program Chair*)

Deanna Cuello (*Program Manager*)

Eric Gagneaux (*Logistics Manager*)

Joseph Arthur, MD

Martha Aschenbrenner, MA

Karen Baumgartner, APRN

Eduardo Bruera, MD

Debra Castro, RN, BSN

Luke Coulson, LCSW

Maxine de la Cruz, MD

Tonya Edwards, RN, BSN

Andrea Ferguson, MDiv

Lisa Green, RN (Nurse Planner)

Caroline Ha, MD

Stacy Hall, RN

Carolyn Holmes, APRN

Gabriel Lopez, MD

Kevin Madden, MD

Lindsey Pimentel, RN

Akhila Reddy, MD

Eden Mae Rodriguez, PharmD

Natalie Schuren, RN

Kimberson Tanco, MD

Angelique Wong, MD

UPDATES in *Hospice and Palliative Medicine and Intensive Physician Board Review* September 13-15, 2016

REGISTRATION INFORMATION

- On-site registration and check-in opens at 7:15 am on Tuesday, September 13, 2016, in the Hickey Auditorium Foyer, Floor 11, of the R. Lee Clark Clinic, MD Anderson, 1515 Holcombe Boulevard, Houston, Texas.
- The opening session will begin at 8:00 am on Tuesday, September 13, 2016, in Hickey Auditorium and Anderson Conference Hall, and will adjourn at 4:45 pm on Thursday, September 15, 2016.

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review registration fee includes materials, continental breakfasts, lunches, and breaks; however, it **DOES NOT** include registration to the 20th Annual Conference.

20th ANNUAL Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine September 16-17, 2016

REGISTRATION INFORMATION

- On-site registration and check-in opens at 7:15 am on Friday, September 16, 2016, in the Hickey Auditorium Foyer, Floor 11 of the R. Lee Clark Clinic, MD Anderson, 1515 Holcombe Boulevard, Houston, Texas.
- The opening session of the conference will begin at 8:00 am on Friday, September 16, 2016, in Hickey Auditorium, and the conference will adjourn at 4:30 pm on Saturday, September 17, 2016.

The Conference registration fee includes the tuition, materials, continental breakfasts, lunches, and breaks; however, it **DOES NOT** include registration to the Updates in Hospice and Palliative Medicine and Intensive Physician Board Review

The Deadline for Advance Registration is August 16, 2016

There are three ways to register:

- On-line at www.mdanderson.org/conferences
- Mail to Department of CME/Conference Management, Unit 1781, The University of Texas MD Anderson Cancer Center, PO Box 301407, Houston, TX 77230-1407
- Fax to 713-794-1724

We accept the following forms of payment:

- Check (payable to The University of Texas MD Anderson Cancer Center through U.S. banks only)
- Money order
- Credit cards (MasterCard, VISA, and American Express)
- Cash (on-site registration)

When registering online a receipt/confirmation letter will be automatically emailed to the e-mail address you listed on the registration form. If you register by fax or mail a receipt/confirmation letter will be emailed to you within ten working days of receipt of your fee.

REFUND/CANCELLATION POLICY

The registration fee, minus a \$50 administration-handling fee, is refundable if a written request is received on or before August 16, 2016. No refunds will be granted after that date. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check. For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 or via e-mail: register@mdanderson.org.

The Department of CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or at the phone or fax numbers given on the registration form.

In case of activity cancellation, the liability of the Department of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee. The Department of CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

SPECIAL ASSISTANCE

Contact Eric Gagneaux in the Department of CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 if you have any **special dietary or ADA accommodation needs.**

ACCOMMODATIONS

The conference is providing a block of rooms at the **Houston Marriott at the Texas Medical Center Hotel**, 6580 Fannin Street, Houston, TX 77030. Hotel phone 713-796-0080.

When making hotel reservations for the **Updates in Palliative Care and Physician Board Review Course** be sure to use the Group Rate code of **PPYPPYA** to obtain the \$159 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

When making hotel reservations for the **20th Annual Palliative and Hospice Care Conference** be sure to use the Group Rate code of **PHPPHPA** to obtain the \$139 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

You may also visit www.hotels.com for other hotels within the Texas Medical Center area of Houston, Texas.

GROUND TRANSPORTATION

(prices are subject to change)

- Houston is served by two airports, George Bush Intercontinental (IAH) and William P. Hobby (HOU).
- Taxicabs are available at an estimated cost of \$50-60, to or from both airports.
- Super Shuttle operates a shuttle bus from both airports at an estimated cost of \$24-\$27 one-way and \$48-\$54 round-trip. For more information, call 713-523-8888 or toll-free at 800-258-3826 or on-line at www.supershuttle.com.



Follow Dr. Eduardo Bruera on Twitter:
<https://twitter.com/edubru>

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented.

MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, scheduling conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.

THIS IS NOT A SELF-MAILER - ADDRESS TO:

Palliative Care Conference & Board Review

Department of CME/Conference Management – Unit 1781

The University of Texas MD Anderson Cancer Center, PO Box 301407, Houston, TX 77230-1407 • or fax to 713-794-1724

Make check or money order payable to: The University of Texas MD Anderson Cancer Center

CONFERENCE REGISTRATION

D112627 20th Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine – September 16-17, 2016

D112626 Updates in Hospice and Palliative Medicine and Intensive Physician Board Review –September 13-15, 2016

Last Name		First	MI	Highest Degree
Department (include unit no.)			Specialty	
Institution				
MD Anderson Employee ID No. (required for all MDACC employees):			Physician <input type="checkbox"/> Yes <input type="checkbox"/> No	
Street				
City			State/Foreign Country/Zip or Mail Code	
Daytime Phone (with area code)		Cell Phone (with area code)		Fax (with area code)
E-mail Address (please print)				
Emergency Contact			Phone (with area code)	
Credit Card Holder Name (First/Last)			Charge the following: <input type="checkbox"/> VISA <input type="checkbox"/> MC <input type="checkbox"/> AMEX	
Credit Card Number			Expiration Date	
Security Code/CVV/CSV	Credit Card Holder Billing Address & ZIP Code			
MD Anderson Interdepartmental Transfer (IDT) No.: *Fund Group 90 will not be accepted				
Business Unit	Department	Fund Group*	Fund	Fund Type
Authorized Signature REQUIRED for CREDIT CARD or IDT			IDT Approver Name (First/Last) please print	

CONFERENCE FEES

D112627 20th Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine - September 16-17, 2016

Physician/Scientist (MD, PhD)

- Postmarked by 8/16/2016\$350
- Postmarked after 8/16/2016\$400

Healthcare Professional

(Nurse, Hospice, Clergy, Ethicist, Social Worker, PT, PA, etc.)

- Postmarked by 8/16/2016\$250
- Postmarked after 8/16/2016\$300

Student/Trainee (Fellow, Resident)

- Postmarked by 8/16/2016\$100
- Postmarked after 8/16/2016\$150

MD Anderson - Physician/Scientist (MD, PhD)

- Postmarked by 8/16/2016\$200
- Postmarked after 8/16/2016\$250

MD Anderson - Healthcare Professional

(Nurse, Hospice, Clergy, Ethicist, Social Worker, PT, PA, etc.)

- Postmarked by 8/16/2016\$150
- Postmarked after 8/16/2016\$200

SPECIAL CONFERENCE RATE - BOARD REVIEW ATTENDEES

(Special Conference Rate applies only to attendees registered for the Intensive Physician Board Review Course)

Physician/Scientist

(MD, PhD, includes Resident, Fellow, etc.)

- Postmarked by 8/16/2016\$150

BOARD REVIEW FEE

D112626 Updates in Hospice and Palliative Medicine and Intensive Physician Board Review September 13-15, 2016

Physician/Scientist

(MD, PhD, includes Resident, Fellow, etc.)

- Postmarked by 8/16/2016\$899
- You must register separately if you wish to attend the Palliative Care Conference.
- Registration for this Board Review will include access to the Post Webinar Sessions Board Review Course.
- Board Review Course registration **DOES NOT** include the Conference.

20th ANNUAL
Interdisciplinary Conference on
**Supportive Care,
Hospice and Palliative Medicine**
September 16-17, 2016

A REVIEW COURSE WILL BE OFFERED PRIOR TO THE CONFERENCE
UPDATES *in Hospice and Palliative Medicine*
and Intensive Physician Board Review
September 13-15, 2016

The University of Texas MD Anderson Cancer Center
Robert C. Hickey Auditorium
Floor 11, R. Lee Clark Clinic
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