

Promoting Excellence in Spiritual Care

2017 PHPCN Annual Spiritual Caregivers Conference ***“Promoting Excellence in Spiritual Care”***

November 10, 2017
Hospice & Community Care
Lancaster, PA

Presented by:



Rev. Dr. Carla Cheatham began her career in social services with an M.A. in Psychology, certification in trauma counseling, and experience in counseling centers for children, adolescents, and adults. Carla received her Ph.D. in Health and Kinesiology from Texas A&M University and her M.Div. from Perkins School of Theology at SMU.

As an ordained minister, she has led faith communities and directed an interfaith non-profit. Over the course of 10 years, Carla worked as a hospice chaplain and bereavement coordinator.

Carla is the Principal and Lead Trainer for Carla Cheatham Consulting Group, LLC, which provides training for professionals of all disciplines in the emotional intelligence necessary to offer competent and ethical presence, honor boundaries, build resilience, and avoid compassion fatigue. She is a national and international speaker delivering keynotes and conferences, consulting for healthcare organizations, and writing to support professional and lay caregivers.

She is the Section Leader for the Spiritual Caregivers Section of the National Council of Hospice and Palliative Professionals through the National Hospice and Palliative Care Organization and serves on their Executive Committee as well as NHPCO's Ethics Advisory Council.

She is a member of the Board of Directors for Swan Songs, an Austin-based non-profit that fulfills end of life musical wishes. Carla is an adjunct professor at the Seminary of the Southwest where she teaches chaplain and pastoral care students about hospice and end of life care and an affiliate associate at the University of Maryland, where she helped develop and now teaches for their MS in Palliative Care.

A gifted story-teller, Carla published her first book of 38 short stories about her work as a hospice chaplain, called *Hospice Whispers: Stories of Life*, in 2014. Its companion piece, *Sharing Our Stories: A Hospice Whispers Grief Support Workbook*, published in 2016.

Carla's next books on grief and showing up well for those who are suffering are scheduled to publish early in 2018.

Promoting Excellence in Spiritual Care

Friday, November 10, 2017

AGENDA

- 7:30 am – 8:00 am** **Registration and Continental Breakfast**
- 8:00am** **Welcome, Rev. Anne Huey, MDiv, MSHS, BCC**, Spiritual Services Manager
St. Luke's Hospice, President, PHPCN Board of Directors
- 8:15 am- 9:15 am** **Value of Chaplain in Healthcare Marketplace**
An exploration of what both the research and next practices tell us about the value spiritual care counselors can bring to patients, families, teams, and the financial bottom line of an agency or organization. After discussing the data, tips will be shared for being the SCC to whom the team would want to refer as well as ways we can be effective marketers and educators in the community and our teams, advocating for spiritual care and the importance of our role.
- 9:15 am – 9:30 am** **BREAK**
- 9:30 am – 10:30 am** **Beyond a Pat and a Prayer: Expanding Our Toolbox**
Many believe all we do is say the same prayers and read the same texts. A series of creative interventions will be shared such as finger labyrinths, mandalas, existential life review, relaxation exercises, the use of music, pets, and technology, etc. Participants will be invited to share their own ideas.
- 10:30 am – 10:45 am** **BREAK**
- 10:45 am – 12:15 pm** **Sweet Spot in Ethical Existential Care**
Caring well for persons of all faiths and those of no professed faith can feel challenging for many. Why is it important to honor the boundaries of religious, spiritual, and existential care? How can persons view their calling in a way that not only allows but also compels them to maintain those boundaries? What resources may they draw upon to improve their cultural competence and cultural humility? How can interventions be adapted to support persons of all faiths and beliefs, including non-theists?
- 12:15 pm – 1:00 pm** **LUNCH-Included** (with demonstration of interfaith blessing)
- 1:00 pm – 2:00 pm** **Assessment**
Much more than a list of checkboxes, assessing for religious/spiritual/existential distress and strengths in coping is about opening our language, asking the right questions, and listening well for whatever answers patients and families need to tell us without fear of our judgment. Related Hospice Conditions of Participation (CoPs) will be briefly reviewed, methods of assessment will be covered, and means of engaging the entire team in screening, responding, and referring will be addressed.



**PENNSYLVANIA HOSPICE
AND PALLIATIVE CARE NETWORK**

Promoting Excellence in Palliative and End-of-Life Care

Promoting Excellence in Spiritual Care

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AGENDA

2:00 pm – 2:15 pm

BREAK

2:15pm – 3:30pm

Plan of Care and Documentation

Painting the picture of the whole person requires information SCCs are able to bring to the IDT table. Doing so in a way that other members of the team, and also surveyors, will appreciate and understand is an art, as translating the ethereal into clinical language isn't an automatic skill. This presentation will review related CoPs and discuss patient and family goals of care, a model for documenting those along with on-going care (observation, intervention, outcome), and pitfalls to avoid.

3:30 pm- 3:45pm

BREAK

3:45 pm – 4:45 pm

Rituals, Memorials, and Blessings for Patients, Families, and Teams

Opening team meetings, providing public blessings, leading bedside support at time of death, and presiding over memorials, funerals, and other rituals requires skills that are both art and science. The importance of rituals, things to consider and avoid, and practical tips and language will be provided.

4:45 pm-5:00 pm

Blessing of the Hands (and Evaluations)

The last presentation will lead directly into a ritual to provide a blessing for the attendees and model for them how it may be done. Handouts will be available to take with them afterward and adapt for their own use in the future.



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REGISTRATION FORM

Location of Conference:

Hospice & Community Care
685 Good Drive, Lancaster, PA 17604

Please check one: PHPCN Organizational Member _____ \$125

Non PHPCN Organizational Member _____ \$175

Name and Credentials _____

Agency Name _____

Address _____

Phone Number _____

Email _____

Total Amount Enclosed _____

Method of payment: Please circle: MC VISA CHECK

Card Number _____

Expiration Date _____

Authorized Signature _____

Dietary Preference Request _____

How to Register

The deadline for registration is Friday, November 3rd, 2017. Registration fee may be paid by check, money order or by VISA or MasterCard.

Mail completed registration and check made payable to:

**Pennsylvania Hospice and Palliative Care Network
475 W. Governor Road, Suite 7
Hershey, PA 17033**

If paying by credit card, please call the PHPCN Office at 717.533.4002 or send your registration form via fax to PHPCN at 717.533.4007.



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Registration/Hotel Information

Registration Cancellation Policy

All cancellations must be submitted in writing to the Pennsylvania Hospice and Palliative Care Network. A \$20 processing fee will apply to all cancellations. Cancellations received in writing one week prior to the event will receive a full refund less the processing fee. No refunds will be made for cancellations made less than one week prior to the event. Substitutions are welcome; please submit your request in writing. All refunds will be processed within 30 days after the conference.

QUESTIONS: please call Pennsylvania Hospice and Palliative Care Network, 717-533-4002 or email, phpcn@pahospice.org.

Nearby Hotels

Fairfield Inn by Marriott
150 Granite Run Drive
Lancaster, PA 17601
717-581-1800

Hilton Garden Inn Lancaster
101 Granite Run Drive
Lancaster, PA 17601
717-560-0880

Eden Resort & Suites
222 Eden Road
Lancaster, PA 17601
717-569-6444/866-801-6430

Heritage Hotel Lancaster
500 Centerville Road
Lancaster, PA 17601
800-223-8963