

## **Interventions with Patients and Families Experiencing Grief, Conflict, and Anger**

Often we pathologize grief that is expressed as conflict or anger. Without a clear understanding of our own relationship with these dynamics, we may fail to hear and respond appropriately to the pain being expressed loudly or contentiously, but that still deserves our presence and care.

This presentation will support professionals in being more comfortable with such interactions by exploring our comfort levels with anger and conflict, pitfalls to avoid, and methods of maintaining boundaries while also providing constructive support to the needs being expressed.



## **Ethical Boundaries and Cultural Humility: Increasing Professional Competence and Personal Health in Caregiving**

Holding a healthy balance between therapeutic connection and appropriate distance can be hard to maintain, but doing so can prevent compassion fatigue, increase clinical competence, and protect patient / client safety. Similarly, exploring and managing our unconscious biases and promoting cultural humility can also protect everyone involved in the care relationship as well as increase patient / client satisfaction and treatment outcomes.

This presentation provides a unique take on healthy ethical boundaries and the provision of values-neutral care that participants will be able to implement immediately to improve their practice and ease the strain of their work.



## **Supporting Professional Caregivers Workshop**

**Rev. Dr. Carla Cheatham**

November 2, 2017  
9:00 - 12:30 pm

### **Registration Form**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Organization: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

**\* 3 Social Work CEUs available for attending both sessions (90 min. of Ethics)**

**Seminar cost: \$25 CEUs additional cost: \$25 Total due: \_\_\_\_\_**

Payment options:

Charge my credit card (please circle one) VISA MC DISC AMEX

Card Number: \_\_\_\_\_ Exp: \_\_\_\_\_ CVV: \_\_\_\_\_

Signature: \_\_\_\_\_

Checks can be mailed to:

Calvert Hospice  
Attn: Nov. 2 Seminar  
PO Box 838  
Prince Frederick, MD 20678  
or fax completed form to (410) 535-5677

\* Registration deadline: October 30, 2017



Rev. Dr. Carla Cheatham began her career in social services with an MA in Psychology, certification in trauma counseling and experience working in counseling and treatment centers. She taught and researched on the interaction between spirituality and health at Texas A&M while receiving her PhD in Health & Kinesiology and earned her M.Div. at Southern Methodist University's Perkins School of Theology.

After serving faith communities and directing an interfaith non-profit supporting worker justice, Carla began her work as a hospice chaplain and bereavement coordinator in Austin, Texas.

She is now the Principal and Lead Trainer for Carla Cheatham Consulting Group, LLC and serves as a national keynote speaker and educator teaching in the areas of clinical presence and attunement, compassion fatigue and resilience, ethical spiritual and existential care, grief support, and ethical boundaries and healthy teams.

Carla is the Section Leader for the National Hospice and Palliative Care Organization's Spiritual Caregivers Section, a member of NHPCO's Ethics Advisory Committee, an Adjunct Professor at the Seminary of the Southwest, and Affiliate Assistant Professor at the University of Maryland where she is co-developing and teaching courses for their new Masters of Science in Palliative Care degree.

Carla is a guest blogger for Hospice Times and publishes her own blogs through [carlacheatham.com](http://carlacheatham.com) and [hospicewhispers.com](http://hospicewhispers.com). She is the author of Hospice Whispers: Stories of Life and its companion piece, Sharing Our Stories: A Hospice Whispers Grief Support Workbook, both available through Amazon (paperback, eBook, and Audible). Her next book on the art of presence with those who are suffering is set for publication in 2017.



## Join Rev. Dr. Carla Cheatham Supporting Professional Caregivers Workshop

An educational opportunity for  
Healthcare Professionals\*

**November 2, 2017**

**9:00 am - 12:30 pm**

\* Social work CEUs available

“The Space”

96 Central Square Drive

Prince Frederick, MD 20678

(410) 535-0892

